

**In the Claims**

1. (Original) A virtual reality assembly comprising:  
a display element projecting a virtual environment;  
a plurality of way-point elements, each of said plurality of way-point elements defined by  
a way-point position within said virtual environment;  
wherein a user can automatically move to one of said way-point positions by selecting a  
corresponding one of said plurality of way-point elements.
2. (Original) A virtual reality assembly as described in claim 1, wherein each of  
said plurality of way-point elements is defined by a way-point orientation; and  
wherein said user automatically moves to one of said way-point orientations by selecting  
a corresponding one of said way-point elements.
3. (Original) A virtual reality assembly as described in claim 1 wherein said  
plurality of way-point elements comprise way-point icons projected within said virtual  
environment.
4. (Original) A virtual reality assembly as described in claim 1, wherein one of  
said plurality of way-point elements is selected utilizing a cursor.
5. (Currently Amended) A virtual reality assembly as described in claim 1,  
wherein one of said plurality of way-point elements is selected by automatically identifying the  
closest of said plurality of way-point elements to a cursor when said user performs said selection.
6. (Original) A virtual reality assembly as described in claim 1, wherein said  
plurality of way-point elements are sequenced such that said user moves through each of said  
plurality of way-point elements in a predetermined sequence.
7. (Original) A virtual reality assembly as described in claim 1, wherein said  
display element further comprises a navigation band including navigational controls.
8. (Original) A virtual reality assembly as described in claim 7, wherein said  
navigational controls comprise orientational controls and directional controls.
9. (Original) A virtual reality assembly as described in claim 1, wherein said  
virtual environment comprises an industrial training environment.
10. (Original) A virtual reality assembly comprising:  
a display element projecting a virtual environment;

a plurality of way-point elements, each of said plurality of way-point elements defined by a way-point position within said virtual environment;

wherein a user navigates through said virtual environment through travel between said plurality of way-point elements, said user automatically moving to one of said way-point positions by selecting a corresponding one of said plurality of way-point elements.

11. (Original) A virtual reality assembly as described in claim 10, wherein each of said plurality of way-point elements is defined by a way-point orientation;

and wherein said user automatically moves to one of said way-point orientations by selecting a corresponding one of said way-point elements.

12. (Original) A virtual reality assembly as described in claim 10, wherein said plurality of way-point elements comprise way-point icons projected within said virtual environment.

13. (Original) A virtual reality assembly as described in claim 10, wherein one of said plurality of way-point elements is selected utilizing a cursor.

14. (Currently Amended) A virtual reality assembly as described in claim 10, wherein one of said plurality of way-point elements is selected by automatically identifying the closest of said plurality of way-point elements to a cursor when said user performs said selection.

15. (Original) A virtual reality assembly as described in claim 10, wherein said plurality of way-point elements are sequenced such that said user moves through each of said plurality of way-point elements in a predetermined sequence.

16. (Original) A virtual reality assembly as described in claim 10, wherein said virtual environment comprises an industrial training environment.

17. (Original) A method of navigation through a virtual environment comprising:  
selecting one of a plurality of way-point elements each defined by a way-point position within the virtual environment; and

transporting a user automatically to said way-point position.

18. (Original) A method of navigation through a virtual environment as described in claim 17 further comprising:

transporting said user automatically to a way-point orientation, said way-point element further defined by said way-point orientation.

19. (Original) A method of navigation through a virtual environment as described in claim 17 wherein said selecting one of a plurality of way-point elements comprises:

selecting one of a plurality of way-point elements utilizing a cursor.

20. (Original) A method of navigation through a virtual environment as described in claim 17 further comprising:

moving said user through each of said plurality of way-point elements in a predetermined sequence.